

91 Queen Street, Campbelltown NSW 2560 P.O. Box 685, Campbelltown NSW 2560

Phone:4645 4523

Please Indicate, ALL Meal Preferences by marking tick box

Client Name _	
Run Number	

Beef - Main Meals - 360g	Tick Box	Office Use Only
BBQ Marinated Beef Stir Fry with Rice		RK
Beef & Potato Hot Pot		F
Beef & Vegetable Stir Fry		В
Beef Goulash		L/P
Beef Lasagne		В
Beef Stroganoff with Macaroni		L/P
Braised Steak & Onion Gravy		В
Cottage Pie & Vegetables		В
Curried Sausages & Vegetables		В
Meatballs & Pasta		F
Meatloaf with Vegetables		В
Rissole, Vegetables & Gravy		В
Roast Beef, Vegetables & Gravy		В
Sausage, Mash, Vegetables & Gravy		В
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley sauce		В
Spaghetti Bolognaise		F
Steak & Kidney Pie		В
Steak & Mushroom Pie		L/P
		В
Steak Diane & Vegetables Veal Schnitzel & Gravy		B F
Steak Diane & Vegetables		
Steak Diane & Vegetables	Tick Box	F Office
Steak Diane & Vegetables Veal Schnitzel & Gravy	Tick Box	F
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g	Tick Box	F Office Use Only
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables	Tick Box	Office Use Only B
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets	Tick Box	Office Use Only B
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables	Tick Box	Office Use Only B L/P
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King	Tick Box	Office Use Only B L/P L/P
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie	Tick Box	F Office Use Only B L/P L/P L/P F
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie Chicken Casserole	Tick Box	Office Use Only B L/P L/P L/P F B
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie Chicken Casserole Chicken Chow Mein	Tick Box	Office Use Only B L/P L/P L/P F B
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie Chicken Casserole Chicken Chow Mein Chicken Sausages & Vegetables	Tick Box	F Office Use Only B L/P L/P L/P F B F L/P
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie Chicken Casserole Chicken Chow Mein Chicken Sausages & Vegetables Chinese Chicken & Vegetables	Tick Box	F Office Use Only. B L/P L/P L/P F B F L/P B B
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie Chicken Casserole Chicken Chow Mein Chicken Sausages & Vegetables Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables	Tick Box	Office Use Only B L/P L/P L/P F B F L/P B B
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie Chicken Casserole Chicken Chow Mein Chicken Sausages & Vegetables Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice	Tick Box	F Office Use Only B U/P L/P L/P F B F L/P B RK
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie Chicken Casserole Chicken Chow Mein Chicken Sausages & Vegetables Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables	Tick Box	F Office Use Only B L/P L/P L/P F B F L/P B RK F
Steak Diane & Vegetables Veal Schnitzel & Gravy Chicken - Meals - 360g Apricot Chicken & Vegetables BBQ Chicken Cutlets Butter Chicken & Vegetables Chick a La King Chicken & Mushroom Pie Chicken Casserole Chicken Chow Mein Chicken Sausages & Vegetables Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken Schnitzel & Vegetables	Tick Box	F Office Use Only B L/P L/P L/P F B F L/P B RK F B

Delivery Day /s

Quantities

Start Date:

Start Date:		
Lamb - Meals - 360g	Tick Box	Office Use Only
Irish Lamb Stew		F
Lamb & Rosemary Pie		MCS
Lamb & Cauliflower Casserole		F
Lambs Fry, Bacon & Gravy		В
Lamb & Potato Pie		L/P
Mild Lamb Curry & Vegetables		F
Roast Lamb, Vegetables & Gravy		F
Shepherds Pie & Vegetables		F
Pork - Meals - 360g	Tick Box	Office Use Only
Bacon & Potato Slice		F
Honey Pork & Pineapple Casserole		В
Macaroni Ham & Cheese		L/P
Pork Schnitzel with Mushroom Sauce		L/P
Pork Meatball with Creamy Mushroom Sauce		F
Roast Pork, Vegetables & Gravy		В
Smothered Pork in Apple Sauce		В
Sweet & Sour Pork		В
Seafood - Meals - 360g -	Tick Box	Office Use Only
Cheesy Tuna Bake		B
Crumbed Fish & Chips		F
Crumbed Fish & Potato Bake		В
Curried Prawns, Rice & Vegetables		RK
Salmon Patties & Vegetables		В
Smoked Cod & Parsley Sauce		В
Steamed Fish & Lemon Sauce		В
Tempura Fish Bites, Chips & Vegetables		В
Tuna Patties with Sweet Chilli Sauce		F
Vegetarian - Meals - 360g	Tick Box	Office Use Only
Pumpkin & Spinach Frittata		В
Vegetable Stir Fry		L/P
Spinach & Ricotta Cannelloni		В
Vegetable Pasta Bake		В
Vegetable Patties		В
Zucchini & Corn Fritter		L/P
Vegetable Quiche		В
Premium Meal Range	Tick Box	Office Use Only
Braised Lamb with Fruit Chutney & Steamed Potato		
		MY
Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice		MY
Pan Grilled Chicken Breast, with Grain Mustard Cream Sauce		MY
Honey Curry Chicken with Steamed Rice		MY
Quiche with Bacon, Spinach & Cheese with		
Seasonal Vegetables	-	MY
Pulled Pork with Potato Gratin & Seasonal Vegetable		MY
Lamb Shanks with Mashed Potato &		
Seasonal Vegetables		MY

Revised 10/9/2019 BM Please Turn Over

Beef - Mini Meals - 220g	Tick Box	Office Use
Beef Lasagne		В
Beef Stir Fry		В
Braised Steak & Onion Gravy		В
Cottage Pie & Vegetables		В
Curried Sausages & Vegetables		В
Meatloaf, Vegetables & Gravy		В
Rissole, Vegetables & Gravy Roast Beef, Vegetables & Gravy		В
Sausage, Mash, Vegetables & Gravy		В
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley Sauce		В
Spaghetti Bolognaise		В
Steak & Kidney Pie		В
Steak & Mushroom Pie & Vegetables		MCS
Chicken - Mini Meals - 220g	Tick Box	Office Use Only
Apricot Chicken & Vegetables		В
Butter Chicken with Steamed Rice		MY
Chicken & Cheese Pie		MCS
Chicken Casserole & Vegetables		В
Chicken Fettuccini & Vegetables		В
Chicken Parmigiana		MSC
Chinese Chicken & Vegetables		В
Honey Curry Chicken Lemon Chicken Schnitzel		MY
Mild Chicken Curry & Vegetables		В
Roast Chicken, Vegetables & Gravy		В
Roast Turkey, Vegetables & Gravy		В
Satay Chicken		
Juliay Officheri		В
Lamb - Mini Meals - 220g	Tick Box	Office Use
Lamb - Mini Meals - 220g Lamb & Rosemary Pie	Tick Box	Office
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole	Tick Box	Office Use
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy	Tick Box	Office Use MCS
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy	Tick Box	Office Use MCS MCS B MCS
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy	Tick Box	Office Use MCS MCS B MCS
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie	Tick Box Tick Box	Office Use MCS MCS B MCS MY MY Office
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g		MCS MCS MCS MCS MCS MCS MCS MCS
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g Cheesy Tuna Bake		MCS MCS B MCS MCS MY MY MY Office Use
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake		MCS MCS B MCS MY MY Office Use
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Crumbed Whiting with Diced potatoes		MCS MCS B MCS MY
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Crumbed Whiting with Diced potatoes Curried Prawns with Steamed Rice		MCS MCS B MCS MY MY Office Use B MCS MY
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Crumbed Whiting with Diced potatoes Curried Prawns with Steamed Rice Salmon Patties		MCS MCS B MCS MY
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Crumbed Whiting with Diced potatoes Curried Prawns with Steamed Rice Salmon Patties Smoked Cod With Parsley Sauce		MCS MCS B MCS MY MY Office Use B MCS MY
Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Crumbed Whiting with Diced potatoes Curried Prawns with Steamed Rice Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce	Tick Box	MCS MCS B MCS MY MY Office Use B MCS B B B B MCS MY
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Lamb - Mini Meals - 220g Lamb & Rosemary Pie French Lamb Casserole Lambs Fry, Bacon & Gravy Lamb & Mint Rissoles with Gravy Roast Lamb, Vegetables & Gravy Shepherd's Pie Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Crumbed Whiting with Diced potatoes Curried Prawns with Steamed Rice Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata Spinach & Ricotta Cannelloni	Tick Box Tick Box	MCS MCS B MCS MY MY Office Use B B MCS MY MY MY Office Use B B MCS MY MCS MY MCS B B B MCS MY MCS MY MCS B B B B B B B B B B B B B B B B B B B
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Desserts - 120g		Office Use
Apple Pie & Cream		В
Apple Rhubarb Brown Betty & Custard		В
Apple, Sultana Crumble with Custard		MCS
Apricot Crumble & Custard		В
Banana Pudding & Caramel Sauce		MY
Black Forest Cheesecake		MCS
Bread & Butter Pudding		MCS
Butterscotch, Sultana Pudding & Custard		MCS
Chocolate Mousse & Cream		MY
Chocolate Mud Cake & Custard		MCS
Chocolate Steamed Pudding & Custard		В
Creamy Rice		MY
Creamy Rice with a Fruit Puree		MCS
Frozen Fruit / Compote Fruit Salad & Cream		MCS B
Fruit Salad & Cream Fruit Trifle & Cream		В
Golden Syrup Dumpling		В
Jelly & Peaches with Custard		MCS MCS
Lemon Pudding & Custard Pavlova		MY
Peach Pie & Custard		MCS
Sticky Date with Caramel Sauce		MCS
Tiramisu		MCS
Vanilla Pancotta & Mixed Berries		В
Varina i ariootta a mixoa Borrico		
Omelette - 140g	Tick Box	Office Use
Three Cheeses & Black Pepper Omelette		N
Breggie Bites Pack of 4 25gr each		
2 x Smoked ham & cheese,		
2 x creamy fetta, spinach & capsicum	Tiel Dev	PFD Office
Snack Packs - 200g	Tick Box	Use
Chicken Lasagne		PFD
Fried Rice		R/K
Macaroni Cheese		PFD
Potato Bake		R/K PFD
Spaghetti Bolognaise Soups - 220g	Tick Box	Office
		Use Only MY
Pumpkin		MY
Chicken & Vegetable		
Beef & Vegetable		MY
Pea & Ham		MY Office
Sandwiches	Tick Box	Use
Chicken & Cheese		PFD
Egg & Chives on Rye		PFD
Ham & Cheese		PFD
Poset Roof, Chaosa & Onion		
Roast Beef, Cheese & Onion Silverside Cheese & Pickles		PFD
Silverside Cheese & Pickles		PFD PFD
	Tick Box	PFD Office
Silverside Cheese & Pickles Juice - 250ml	Tick Box	PFD
Silverside Cheese & Pickles Juice - 250ml Apple	Tick Box	PFD Office Use
Silverside Cheese & Pickles Juice - 250ml	Tick Box	PFD Office Use

Revised 10/9/2019 BM Please Turn Over